

**Cedargrove Massage Therapy Clinic**  
 101 – 200 Kennevale Dr., Nepean, ON K2J 6B6

Date: \_\_\_\_\_

Name: \_\_\_\_\_

**Client Health History**

An accurate health history is important to ensure that it is safe for you to receive a massage treatment. Please feel free to ask any questions about the information being requested. If your health status changes in the future, please let us know. All information gathered for this Treatment is confidential except as required or allowed by law or to facilitate diagnosis (assessment) or treatment. You will be asked to provide written authorization before any of your Personal information can be released.

**Email:**

<b>Your Address:</b> _____	<b>Insurance Provider:</b> _____
<b>Phone #: (H) _____ (W) _____</b>	<b>Primary Care Physician:</b> _____
<b>Date of Birth:</b> _____	<b>Physician's Address (if possible):</b> _____
<b>Occupation _____</b>	<b>Physician's Phone #:</b> _____
<b>Who Referred You (if other than your Physician)?</b>	<b>Date of last Physical Exam:</b> _____
<b>Primary reason for your visit today:</b>	<b>Were you referred by this Physician? Yes__ No__</b>

**Medication(s) You Are Taking**

**What condition does this medication treat?**

<b>(Current)</b>	
<b>(Previous Medication)</b>	
<b>Injuries/Accidents</b>	<b>When did this Injury/Accident Happen?</b>
<b>Surgery(ies)</b>	<b>When did you have this Surgery?</b>

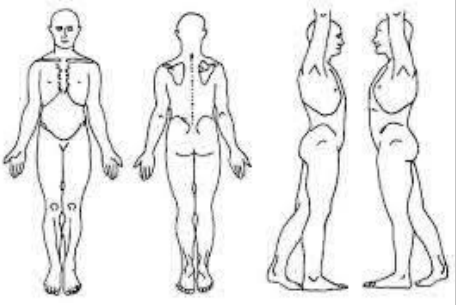
Are you currently receiving treatment from another health care professional? Y\_\_ N\_\_

If Yes, for what? \_\_\_\_\_

If massage therapy is indicated for you, what goals would you like to achieve in your treatments?

**Medical Information**

Please check any of the following conditions that apply to you and / or your family members. Please indicate which Family member is involved if / when applicable (ie. M – Mother, F – Father).

<p><b>Known Allergies/</b> Hypersensitivity Reactions Where the response is anaphylaxis or Skin irritation. (Please list):  Allergies (Please List):</p>	<p>Diabetes (type/Onset):  Cancer Arthritis (type): Epilepsy Skin Conditions (Please list):</p>	<p><b>Infectious Conditions</b> Skin conditions (Please list):  TB Hepatitis Herpes</p>
<p><b>Cardiovascular Conditions</b> High or Low Blood Pressure Chronic congestive Heart Failure Heart Disease History of myocardial infarction Phlebitis History of Stroke Pacemaker or similar device Rapid or Slow heart beat Nose bleeds poor circulation Other (please list):</p>	<p><b>Respiratory Conditions</b> Chronic Cough Shortness of Breath Bronchitis Asthma Emphysema  Do You Smoke? _____  <b>Digestive Conditions</b> Nausea Vomiting Heartburn Belching  Bloody Stool Constipation</p>	<p><b>Neurological Conditions</b> Loss of sensation / numbness: Numbness     arms     hands     legs     feet Loss of vision or Blurred vision dizziness hearing loss ringing in ear(s)  Pregnancy (Trimester) ____</p>
<p><b>Other Diagnosed Diseases or Medical Conditions ie.</b> Gynaecological Conditions Hemophilia Varicose veins Osteoporosis Headaches or Migraines Fatigue or Chronic Fatigue Weight loss Sinus trouble Depression Other (please list):</p>	<p><b>Surgery &amp; pain</b> Soft tissue or joint discomfort (please mark location)  Stiffness (please mark location):  Surgical implants, pins, wires Artificial joints Swelling Hernia</p>	<p>Overall, how is your general health?  <b>Please mark your area of chief complaint below:</b></p> 

To the best of my knowledge, the information I have provided is complete and accurate. I will inform the therapist of any changes in my personal or health history.

\_\_\_\_\_ Date

\_\_\_\_\_ Client / Substitute Decision Maker: Print

\_\_\_\_\_ Therapist's Signature

\_\_\_\_\_ Client / Substitute Decision Maker: Signature